



PAC-10 NEWS

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For Immediate Release: Wednesday, February 20, 2008

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PACIFIC-10 CONFERENCE WOMEN'S SWIMMING CHAMPIONSHIPS

GENERAL INFORMATION

WHAT: Pacific-10 Conference Women's Swimming Championships.

WHERE: Belmont Plaza Olympic Pool, Long Beach, Calif.

WHEN: Wednesday, Feb. 27 - Saturday, Mar. 1.

WHO: Women's swimming teams from ARIZONA, ARIZONA STATE, CALIFORNIA, OREGON STATE, STANFORD, UCLA, USC, WASHINGTON and WASHINGTON STATE will compete for bragging rights at the 2008 Pac-10 Women's Swimming Championship.

TICKETS: All tickets will be available at the Belmont Plaza Olympic Pool on the day of the event only.

*Admission is FREE on Wednesday, Feb. 27

All Session Pass:

Adult: \$25.00

Student with ID/Senior \$15.00

One Day Pass:

Adult: \$10.00

Student with ID/Senior: \$6.00

TELEVISION: The Pac-10 Women's Swimming Championships will be televised on Fox Sports Net on a tape delay basis. Check your local listings for channel information.

MEDIA CONTACT: The Arizona sports information office will handle publicity for the 2008 Women's Swimming Championship. Brett Crevier, the Wildcats's swimming and diving contact, can be reached at (520) 621-4163.

MEET RESULTS: At the conclusion of the event, results will posted on the Pac-10 web site (www.pac-10.org), as well as on Arizona's web site (www.arizonaathletics.com). Please contact Stephanie Montano at the Pacific-10 Conference office for more information.

CHAMPIONSHIP SCHEDULE OF EVENTS

DATE	TIME	EVENT
Wed., Feb. 27	6 p.m.	200 Medley Relay +
	6:54 p.m.	800 Freestyle Relay +
Thurs., Feb. 28	6 p.m.	500 Freestyle *^
	6:19 p.m.	200 IM *
	6:30 p.m.	200 IM ^
	6:35 p.m.	50 Freestyle *
	6:42 p.m.	50 Freestyle ^
	7:15 p.m.	200 Free Relay +
Fri., Feb. 29	6 p.m.	400 IM *^
	6:19 p.m.	100 Butterfly*
	6:26 p.m.	100 Butterfly ^
	6:29 p.m.	200 Freestyle *
	6:38 p.m.	200 Freestyle ^
	6:42 p.m.	100 Breaststroke *
	6:49 p.m.	100 Breaststroke ^
	6:52 p.m.	100 Backstroke *
	6:59 p.m.	100 Backstroke^
Sat., Mar. 1	7:34 p.m.	400 Medley Relay
	6 p.m.	1650 Freestyle ^
	6:20 p.m.	200 Backstroke *
	6:29 p.m.	200 Backstroke *
	6:33 p.m.	100 Freestyle *
	6:38 p.m.	100 Freestyle ^
	6:41 p.m.	200 Breaststroke ^
	6:50 p.m.	200 Breaststroke ^
	6:52 p.m.	200 Butterfly *
	7:01 p.m.	200 Butterfly^
	7:35 p.m.	400 Free Relay

* - Consolation Finals

^ - Finals

+ - Timed Finals

LAST YEAR IN PAC-10 WOMEN'S SWIMMING

Three Pac-10 teams finished in the Top-10 at the NCAA Championships in Minneapolis, Minn. ARIZONA led the group with a second-place finish (477), followed by third-place CALIFORNIA (372.5) and fourth-place STANFORD (333). The Pac-10 collected eight individual national titles and five relay championships at the event.

2007 FINAL TEAM STANDINGS

1. Arizona	1481.0
2. Stanford	1410.0
3. California	1355.0
4. UCLA	1024.5
5. USC	826.0
6. Arizona State	544.0
7. Oregon State	471.0
8. Washington	411.0
9. Washington State	378.0

2007 PAC-10 CHAMPIONSHIP RESULTS

200 Freestyle Relay

1. Arizona	1:28.71*
2. Stanford	1:29.48
3. California	1:29.49
4. Arizona State	1:30.84
5. UCLA	1:32.03
6. Washington	1:33.67

400 Freestyle Relay

1. California	3:13.60*
2. Arizona	3:16.49
3. Stanford	3:17.70
4. Arizona State	3:18.38
5. Washington	3:23.81
6. USC	3:25.15

800 Freestyle Relay

1. California	7:05.59*
2. Arizona	7:06.11
3. Stanford	7:06.59
4. Oregon State	7:16.77
5. Washington	7:17.67
6. USC	7:19.85

200 Medley Relay

1. Stanford	1:37.71
2. California	1:39.16
3. Arizona State	1:40.08
4. USC	1:40.98
5. UCLA	1:41.10
6. Oregon State	1:42.45

400 Medley Relay

1. California	3:32.95
2. Arizona	3:36.44
3. USC	3:39.48
4. UCLA	3:42.54
5. Arizona State	3:42.64
6. Oregon State	3:44.31

50 Freestyle

1. Lara Jackson, ARIZ	22.05*
Dana Vollmer, CAL	22.05
3. Lacey Nymeyer, ARIZ	22.29
4. Brooke Bishop, STAN	22.30
5. Emily Silver, CAL	22.32
6. Caitlin Andrew, ASU	22.39

100 Freestyle

1. Emily Silver, CAL	48.16
2. Lacey Nymeyer, ARIZ	48.40
3. Brooke Bishop, STAN	48.94
4. Jessica Hardy, USC	49.26
5. Lindsey Kelly, ARIZ	49.69
6. Jen Beckberger, ASU	49.85

200 Freestyle

1. Emily Silver, CAL	1:44.37
2. Erin Reilly, CAL	1:44.93
3. Lacey Nymeyer, ARIZ	1:46.02
4. Leone Vorster, ARIZ	1:46.53
5. Desirez Stahley, STAN	1:47.33
6. Whitney Spence, STAN	1:48.34

Arizona junior **Lacey Nymeyer** was named Pac-10 Swimmer of the Year. Nymeyer swam the second leg of the first-place 200 free relay that defended its national title for the second straight year, while setting a new American and NCAA record with a time of 1:27.23 at the NCAA Championships. Nymeyer also anchored the second-place 400 medley relay that crushed the previous school record with a time of 3:30.89. In addition to her success in the relay, she captured the fourth title for her team in the 200 free, taking her first individual NCAA crown of her collegiate career after shattering the school record with a time of 1:43.49. She then went on to finish second in the 100 free to break the school record she set during the morning prelims with a time of 47.34.

Stanford freshman **Julia Smit** earned Pac-10 Newcomer of the Year in swimming. Smit had an excellent NCAA meet with six All-American honors, finishing second in the 200 back, third in both the 200 and 400 IM, third as a member of the 400 medley relay team, fifth on the 200 free relay squad and seventh on the 800 free relay. Prior to her stellar performance at the NCAA Championships, Smit won three Pac-10 individual titles in the 200 back, 200 and 400 IM, while breaking school records in the 200 IM and as a member of the 200 free relay. Despite being a freshman, Smit is already among the school's all-time top eight in six events.

Pac-10 Swimming Coach of the Year honors went to Arizona's **Frank Busch**. Busch led the Wildcats to a second place finish at the NCAA Championships for the third straight year. The Wildcats finished the meet with 477 points, the most ever accumulated at the meet in school history, while winning two individual and two relay events. Busch coached his Arizona team to the school's third Pac-10 championship in school history. The Coach of the Year award is the seventh of Busch's career.

PAC-10 SWIMMERS TO WATCH

- ARIZONA's **Lacey Nymeyer** received January's Women Swimmer of the Month honors and did not lose a single event in the final four meets of the year. In the Wildcats' only loss of the season against No. 3 Stanford, Nymeyer placed first in the 200 yard free (1:47.33), 100 yard free (50.06), 500 yard free (4:50.68), and contributed to the victorious 400 yard medley relay (3:37.45). Last season, Nymeyer was honored as the Pacific-10 Conference Women's Swimmer of the Year. She was the NCAA champion in the 200 free, winning the event with a school record-breaking time of 1:43.49. In addition, she was a seven-time first-team All-American.
- ARIZONA STATE's **Caitlin Andrew** is the ASU record holder in the 100 freestyle (48.50), 100 backstroke (53.68), 100 butterfly (52.02) and 50 free (22.39), all established during the 2006-07 season. She was a member of the top two 200 freestyle relay teams in school history and ranks second in school history in the 200 back (1:58.69), set in 2005-06. Andrew, who won the Pac-10 Women's Swimmer of the Month honor for December, helped lead her team to a first place finish in the 200 free relay with an NCAA automatic qualifying time and a school record setting time of 52.89 at the Texas Invitational. She also came in second in the 100 fly (52.89) and third in the 100 back (54.11). Andrew set her fifth individual school record when she swam the 200 back in 1:56.77.
- CALIFORNIA's **Lauren Rodgers** and **Emily Silver** have had much success throughout their collegiate swimming careers. Rodgers, who placed first in the 100 back (53.48), 50 free (23.25), 200 back (1:58.70), and 400-medley relay in last year's Pac-10 championships, broke the 100 yard pool record in an NCAA 'A' time of 53.17, in the Golden Bears' final meet of the season against Stanford. Silver, who set school records in the 50 free (21.99) at the 2007 NAAs (and broke Natalie Coughlin's record of 22.01 in 2003), made up one fourth of the California foursome

500 Freestyle

1. Elizabeth Durot, STAN	4:41.47
2. Erin McCleave, WSU	4:43.46
3. Whitney Spence, STAN	4:44.16
4. Kimberly Jasmer, WASH	4:45.52
5. Blake Hayter, CAL	4:45.87
6. Desirez Stahley, STAN	4:46.80

1650 Freestyle

1. Katie Nelson, UCLA	16:09.08
2. Kimberly Jasmer, WASH	16:14.96
3. Erin McCleave, WSU	16:15.16
4. Brittany Allen, USC	16:20.24
5. Whitney Hentzen, USC	16:21.80
6. Blake Hayter, CAL	16:23.38

100 Backstroke

1. Lauren Rogers, CAL	53.48
2. Brooke Bishop, STAN	53.54
3. Kristen Lahey, USC	53.78
4. Justine Schluntz, ARIZ	53.89
5. Caitlin Andrew, ASU	54.00
6. Hayley McGregory, USC	54.01

200 Backstroke

1. Julia Smit, STAN	1:54.88
2. Hayley McGregory, USC	1:56.97
3. Lauren Andrews, CAL	1:57.22
4. Caitlin Iversen, ARIZ	1:57.32
5. Andrea Boritzke, ARIZ	1:57.68
6. Andrea Axtell, STAN	1:58.48

100 Breaststroke

1. Jessica Hardy, CAL	59.56
2. Caroline Bruce, STAN	1:00.00
3. Annie Chandler, ARIZ	1:00.26
4. Rebecca Soni, USC	1:01.40
5. Nicolette Teo, UCLA	1:01.83
6. Jacquelyn Craft, ARIZ	1:01.87

200 Breaststroke

1. Caroline Bruce, STAN	2:09.32
2. Rebecca Soni, USC	2:09.92
3. Jacquelyn Craft, ARIZ	2:11.72
4. Alexandra Ellis, CAL	2:12.48
5. Annie Chandler, ARIZ	2:13.02
6. Jessica Embick, ARIZ	2:14.95

100 Butterfly

1. Dana Vollmer, CAL	50.80*
2. Elaine Breeden, STAN	51.44
3. Caitlin Andrew, ASU	52.51
4. Lara Jackson, ARIZ	53.09
5. Ana Agy, ARIZ	53.49
6. Kristen Lahey, USC	54.11

200 Butterfly

1. Elaine Breeden, STAN	1:52.99*
2. Dana Vollemer, CAL	1:54.02
3. Erin Reilly, CAL	1:55.50
4. Rachel Ridgeway, CAL	1:55.87
5. Saori Haruguchi, OSU	1:56.24
6. Whitney Myers, ARIZ	1:56.55

200 Individual Medley

1. Julia Smit, STAN	1:55.38
2. Elaine Breeden, STAN	1:56.92
3. Whitney Myers, ARIZ	1:58.38
4. Caroline Bruce, STAN	1:58.38
5. Sherry Tsai, CAL	1:59.63
6. Justine Schluntz, ARIZ	2:01.45

400 Individual Medley

1. Julia Smit, STAN	4:04.02*
2. Whitney Myers, ARIZ	4:12.35
3. Rachel Ridgeway, CAL	4:13.12
4. Caitlin Iversen, ARIZ	4:14.13
5. Saori Haruguchi, OSU	4:14.32
6. Jenny Forster, ARIZ	4:16.41

that checked in with an NCAA 'A' mark of 1:38.86 that also eclipsed the former pool record.

- STANFORD's **Elaine Breeden** and **Julia Smit** continued to have success this year after fantastic freshman seasons. Against the Golden Bears, Breeden swept the 100 and 200 fly events. She recorded the nation's top time this season in her 200 win (1:52.74) and the country's second-best mark in the 100 victory (51.70). She is now the No. 2 all-time performer at Stanford in the 200 and ranks No. 3 in the 100. Smit also contributed to the Cardinal win by coming in first in three individual events (200 free, 500 free, 200 back) and also anchoring Stanford's victorious 400 free relay. Smit broke pool records in the 200 free, 500 free and in finishing off the 400 free relay. She broke Janet Evans' 18-year-old pool record with a personal-best and NCAA 'A' time of 4:41.79 to take the 500 free and by holding off the Golden Bears to claim victory in the 400 free relay as the Cardinal finished with a pool record and NCAA 'A' time of 3:15.54. Smit won by comfortable margins in both her pool record 200 free (1:44.52) and 200 back (1:57.18) victories, recording NCAA 'A' marks in both and the top time in the nation this season in the 200 free.

PAC-10 NOTES

• After a spectacular 10-1 season, ARIZONA finished its dual meet season off on a good note with a win over No. 16 Arizona State... The Wildcats' incurred only one loss in the regular season against top-ranked Stanford... January's Women's Swimmer of the Month, **Lacey Nymeyer**, has not lost an event in four meets, finishing up the year with first place in the 200 yard free (1:48.05) and the 100 yard free (49.53)... The defending Pac-10 Champions have finished in the Top-5 every year since 1996.

• Despite a loss in its final regular season meet against Arizona, ARIZONA STATE's senior All-American and ASU record holder **Caitlin Andrew** had three individual "B" cuts and contributed to the Sun Devil's winning the 200 free relay... Andrew recorded a "B" cut time in the 50 free (23.23), 100 free (50.48), and the 100 fly (54.32)... ASU's 200 free relay team of Andrew, **Jen Beckberger**, **Lindsey Brown** and **Jess Perazzo** currently hold the top time in the nation with 1:27.23.

• No. 8 CALIFORNIA finished the season with a handful of broken pool records... In its last meet of the season against rival Stanford, **Lauren Boyle** entered the record books by setting a new Cal record in the 1000 yard free with a time of 9:42.14... The California foursome of **Lauren Rodgers**, **Emily Silver**, **Dana Vollmer**, and **Madison Kennedy** recorded an NCAA 'A' mark time of 1:38.86 and eclipsed a former pool record. Rodgers went on to break the 100 back pool record with another NCAA 'A' time of 53.17 and Vollmer clocked in with a time of 51.79 in the 100 fly, breaking another pool record and recording an NCAA 'A' mark.

• Four OREGON STATE swimmers broke a total of five records during the Beavers' last home meet of the season against Washington... **Saori Haruguchi** set a school record in the 200 backstroke with a time of 1:57.73, and won both the 100 backstroke (55.44) and the 400 IM (4:17.31)... **Brittney Iverson**, with an impressive 400 IM time of 4:23.32, moved from seventh to fifth in the All-Time list in that event... The Beavers have never finished higher than seventh at the Pac-10 Championship.

• STANFORD finished a second consecutive unbeaten Pac-10 dual meet campaign and won its 12th consecutive Conference dual meet with a victory over California... Defending NCAA 200 fly champion **Elaine Breeden** broke her own school record in the event with a time of 1:52.74, the fastest time recorded this season... **Julia Smit** broke pool records in the 200 free (1:44.52), 200 back (1:57.18), 500 free (4:41.79) and in finish-

ing off the 400 free relay team (3:15.54) that included **Kate Dwelley**, Breeden, and **Liz Smith**... In both the 500 free and the 400 free relay, Smit broke Janet Evans' 18-year-old pool records and recorded NCAA 'A' cut times... In her 200 free and 200 back victories, she again recorded NCAA 'A' marks and the top time this season in the 200 free.

- UCLA's **Anna Poteete**'s triple event win highlighted the Bruins' last meet of the regular season against crosstown rival USC... Poteete won the 200 free with a lifetime and season-best swim of 1:48.14, the 50 free (22.76) and 100 free (49.43), all three times were NCAA 'B' qualifiers... Freshmen **Lauren Hall** recorded the fifth and final event win for the Bruins with a first-place finish of 2:00.95 in the 200 yard IM.

- The USC women's team has broken three school records this season and one USC pool record... Two team records are from junior **Rebecca Soni**, who at the 2007 Husky Invite reset her own USC mark in the 200y breast in an NCAA-record effort of 2:07.08 and dropped the school mark in the 100m breast to 1:07.29... Soni's NCAA record broke Tara Kirk's mark of 2:07.13 set at the 2004 Pac-10 Championships and her time is the second fastest ever in the race... At the same meet, junior **Kristen Lahey** won the 100y back in 53.04, shattering USC's school record of 53.48 set by Haley McGregory. Lahey's time ties her with Misty Hyman as the 21st fastest woman ever in the race... Against California on Feb. 1, the USC relay quartet of Lahey, Soni, senior **Emily Goetsch** and junior **Rachael Waller** lowered the McDonald's Stadium pool record in the 400y medley relay to 3:40.16.

- WASHINGTON won seven individual events and one relay event to lead the Huskies past rival Washington State, as **Kim Jasmer** and **Genevieve Patterson** led the charge with two wins apiece... Jasmer took first in the 100 free (51.59) and also won the 1000 free (10:00.13), with a season-best time... Patterson won the 100 breast (1:02.66) and the 200 breast (2:19.03)... Earlier in the season, freshman **Ariana Kukors**, January Women's Swimmer of the Month nominee, set a new UW school record in the 200 fly against USC... Her time of 1:59.95 was an NCAA 'B' time and was the sixth school record she has set... She also won the 200 IM (1:59.70), an NCAA qualifying time.

- WASHINGTON STATE's **Michaela Ahlin** paced the Cougars with two individual victories as WSU finished up its dual meet season with a loss to the Huskies... Ahlin won the 100 fly with a time of 56.87 and won the 200 fly with a time of 2:03.87... Freshman **Sierra Burton** picked up a win in the 200 free (1:53.00) and **Afton Pickett** won the 200 back in 2:03.90. The Cougs finished the regular season with a 5-2 dual meet record.

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